



The Early Years
Foundation Stage:
NURSERY & RECEPTION

Key staff....



- Nursery class teacher and EYFS lead- Mrs McCue (Miss Adams)
- Reception class Teacher - Miss Medgyesy
- Early Years Teaching Assistants - Mrs Franklin, Miss Bird, Mrs Cotton, Miss Savage, Mrs Martin.
- Principal - Mrs Clowes
- Vice Principal - Mrs Exon
- Academy Manager - Mrs Howard
- Safeguarding Staff - Miss Franklin/Miss Ward

What is the Early Years Foundation Stage (EYFS)?



- The foundation stage begins when children reach the age of three, when children might attend a nursery setting.
- The final year of the Foundation stage is when children are in a Reception class of a primary school.
- It prepares children for learning in their future school career.

Foundation Stage Life is....



- Busy
- Exciting
- Messy
- All children reaching their potential
- Building relationships with parents & children



Areas of learning...

The foundation stage curriculum is split into seven areas of learning...

1. Personal, Social & Emotional Development
2. Communication & Language
3. Physical Development
4. Literacy
5. Mathematics
6. Understanding the World
7. Expressive Arts & Design



Learning in Early Years has....

- An exciting environment
- Themes/child-initiated activities
- Observations
- Phonics
- Numbers
- Play



Outdoor Activities...



- We love being outdoors!
- We use our fantastic outdoor area all year round.



Getting ready for school...



- ✓ Listen & sing lots of songs & rhymes
- ✓ Listening games
- ✓ Playing with shapes & numbers
- ✓ Drawing & colouring
- ✓ Respecting & getting on with other people, with good manners
- ✓ Talking to people outside the family
- ✓ Saying what they would like
- ✓ Be willing to have a go at something new
- ✓ Open & eat a packed lunch with minimal assistance
- ✓ Get dressed & undressed independently
- ✓ Speak to an adult to ask for help
- ✓ And perhaps the most important - share a book together every day

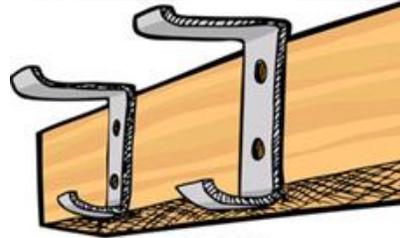
Useful Skills...



Put on & take off coat



Use the toilet independently



Take off coat & hang it up



Put on & change shoes



Wash & dry hands



Use a tissue independently

A day in the life of a Nursery child...



8:40 - Children arrive to school, put away their things and get ready for the day

8:55 - Phonics activity

9:10 - Literacy (sharing a story, drama, predicting, questioning)

9:30 - Activities in class linked to topics being taught (free flow and teacher directed)

10:45 - Outdoor break time

11:00 - Phonics

11:45 - Lunch time

12:45 - MindUp Brain Break

12:55 - Maths (counting, shapes, directions, instructions)

1:15 - Activities in class linked to topics being taught (free flow and teacher directed)

2:30 - Outdoor break time

2:45 - Story time, fruit and milk

3:10 - Home time

EYFS Uniform



A light blue polo shirt



Grey trousers/ skirt



Navy blue school logo jumper / cardigan

Black school shoes



Please put your child's name in all items of clothing

Please keep a change of clothes and pants in their school bag in case of any accidents / messy play.

PE Kit



Dark blue PE Polo



Black shorts or tracksuit bottoms



Black PE pumps

Every day your child needs...



A water bottle



A bag with school reading book, reading diary and spare clothes



Sun cream and a sun hat in hot weather



Hat, scarf and gloves in cold weather



A coat



Forest School Kit (one half term per year)

Food during the day...



Each morning we have mini breakfast - this is typically a bagel, cheesy oatcake or pancake.



We also have lots of opportunities to taste different foods.



Fresh fruit is available throughout the day. We also have dedicated fruit and milk time at home time.

MONDAY
Sausage Casserole
NEW!
or
Chicken Nuggets

All served with baked potato, seasonal vegetables, baked beans
~ ~ ~
Homemade chocolate Brownie & Custard



TUESDAY

Hunter's chicken
or
Cheesy oat cakes (V)

All served with herby diced potatoes, seasonal vegetables, baked beans
~ ~ ~
Dream Topping Cake



WEDNESDAY

Roast Pork, sage, and onion stuffing, gravy
or
Cheese and potato bake (V)

All served with creamed and roast potatoes, seasonal vegetables
~ ~ ~
Homemade Choc chip Cookies

We have a rolling lunch menu with lots of healthy options available.

LUNCH MENU WEEK 1

Our Lady & St Benedict Catholic Academy

THURSDAY

Locally sourced Pork Sausages
or
Veggie Quorn ball in rich tomato sauce (V)

All served with creamed potatoes, seasonal vegetables
~ ~ ~
Homemade Iced sponge & Custard

FRESH SALAD BOWLS, JACKET POTATOES, served with Cheese, Baked Beans, Homemade Coleslaw, Tuna, Salad, FRESH FRUIT SALAD, ASSORTED FRUIT YOGHURTS, ASSORTED HOMEMADE SANDWICHES, cheese, tuna mayo, turkey, egg mayo, roast chicken, ham
CHEESE & BISCUITS, WHOLEGRAIN PASTA, RICE, BREAD ARE AVAILABLE DAILY FROM THE SALAD BAR (All Menus Are Subject to Change)

SEASONAL FRESH VEGETABLES
PLEASE SEE POSTER IN THE DINING ROOM FOR FURTHER DETAILS

FRIDAY

Crunchy Fish Fingers
or
Tuna pasta bake

All served with chips, seasonal vegetables, spaghetti hoops
~ ~ ~
Vanilla Ice Cream



Medical / Additional needs...



If your child has any medical needs (asthma, allergies, etc) please complete the medical form in your pack.

If you are concerned about your child's development / speech, please speak to a member of staff. We can refer your child to the nurse, speech and language, CAMHS and other professionals.

If your child requires medicine, this will need to come through the school office. Please note, we can only give prescribed medication.

Additional support...



We work with NHS scheme 'Brilliant Brushers' where we support children with tooth brushing during the school day, in addition to your tooth brushing routine at home.



We work with charity 'Thrive at Five' to support children with communication and language, as well as providing new experiences.



Additional offers...



OWLETS

Parent, Baby and Toddler group at Our Lady & St Benedict Catholic Academy

Come along and enjoy a safe, fun and educational environment with your child, aged 0-5 years. Meet other families and enjoy different activities each week for FREE.

Every Thursday 9:15am-10:45am

- Free to attend
- Meet other local families
- Every Thursday (term time)

Rising 3's

We offer a 'Rising 3's' programme where children can join our Nursery class in the term after they turn three. Please speak to Mrs Howard for further details.



If you have not done so already:

Complete the new starter pack for your child

Book in a home visit