

	September	October	November	December	January	February	March	April	May	June	July	
Cycle of Prayer												
	Ordinary Time: Autumn -			Advent/Christmas		Ordinary Time: Winter -		Lent -		Easter -		Ordinary Time: Summer -
	Whole School and Year Group Experiences and Opportunities for Prayer (Prayers to be known by heart)											
Whole school	<b>New beginnings:</b> - Giving thanks for the Harvest - CAFOD Fast Day - The Birthday of Our Lady 8 <sup>th</sup> Sept	<b>October:</b> - The month of the Holy Rosary -Rosary	<b>November:</b> - The Feast of All Saints - The month of the Holy Souls including Remembrance Sunday	<b>Advent:</b> a time of preparation: - Reconciliation Services - Diocesan Feast: The Immaculate Conception -	<b>Christmas:</b> a time of praise and thanksgiving: - Placing of Jesus in the Crib - Blessing of the cribs - Epiphany -	- - Our Lady of Lourdes		<b>Lent:</b> a time of prayer, fasting and almsgiving: - burying the alleluia - CAFOD Fast Day - Stations of the Cross - Reconciliation Services	<b>Easter:</b> a joyful time of praise and for giving thanks: - Raising the Alleluia - Renewal of Baptismal Promises - Paschal Candle, -	<b>May:</b> The month of devotion to Our Lady: - May Altar - May Procession - The Angelus - The Memorare - Hail Holy Queen	<b>June:</b> The month of the Sacred Heart: - Litany to the Sacred Heart - Pentecost - Prayer to the Holy Spirit - Corpus Christ Procession - Benediction, - Ss. Peter & Paul <b>July:</b> The month of the Precious Blood Moving on/travel Saint Benedict Day	
Foundation	-The Sign of the Cross - Prayers before and after Meals - lighting a candle at prayer time - Prayers giving thanks and praise to God for creation and their gifts	- Hail Mary - using the Bible in prayer time N CLASS SAINT - Saint Francis of Assisi – 4 <sup>th</sup> October R CLASS SAINT - Saint Teresa of Avila - 15 <sup>th</sup> October	- Class Saint -	- Hail Mary - Focus on 4 candles on Advent Wreath and lighting the candle(s) at prayer time - using the colour purple	- Prayers around the crib - Prayers to the Holy Family for those who take care of them	- Naming and praying for those people they know who are sick		- Lord have mercy (said and sung) - using the colour purple	- Alleluia - using the colours white and gold - Easter Garden	May Altar	- Happy Birthday to the Church - using the colour red	

<b>1</b>	<ul style="list-style-type: none"> <li>- Glory Be</li> <li>- simple Psalm responses of praise</li> <li>- Mary's Birthday</li> <li>CLASS SAINT</li> <li>- Saint Michael – 29<sup>th</sup> September</li> </ul>	<ul style="list-style-type: none"> <li>- Prayer to the Guardian Angel</li> <li>- prayers for celebrations</li> </ul>	<ul style="list-style-type: none"> <li>- Class Saint</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>Hail Mary – 1<sup>st</sup> part for reflection</li> <li>- Focus on Gaudate/ Rejoice Sunday</li> </ul>	<ul style="list-style-type: none"> <li>Hail Mary – 2<sup>nd</sup> part for reflection</li> <li>Holy, Holy</li> </ul>	<ul style="list-style-type: none"> <li>- Prayers for the school community</li> <li>- Prayers for each class</li> </ul>	<ul style="list-style-type: none"> <li>- Lord have mercy (said and sung)</li> </ul>	<ul style="list-style-type: none"> <li>- Prayers around the Paschal Candle</li> <li>- Hymns using 'Hosanna'</li> </ul>	<ul style="list-style-type: none"> <li>May Altar -</li> </ul>	<ul style="list-style-type: none"> <li>- Happy Birthday to the Church</li> <li>-</li> </ul>
<b>2</b>		<ul style="list-style-type: none"> <li>- The Angelus</li> </ul>	<ul style="list-style-type: none"> <li>- Class Saint</li> <li>- Eternal Rest</li> </ul>	<ul style="list-style-type: none"> <li>- Act of Sorrow</li> <li>- The Confiteor</li> <li>- hymns about being ready and preparing e.g. 'Awake, awake'</li> </ul>	<ul style="list-style-type: none"> <li>- Holy, holy</li> </ul>	<ul style="list-style-type: none"> <li>- Sending prayer cards to the sick</li> </ul>	<ul style="list-style-type: none"> <li>- Stations of the Cross: - People who met Jesus Mary, Simon, Veronica, Women of Jerusalem (guided meditation)</li> </ul>	<ul style="list-style-type: none"> <li>- Prayers around the Paschal Candle</li> <li>- Hymns about the Resurrection</li> </ul>	<ul style="list-style-type: none"> <li>- May Altar</li> </ul>	<ul style="list-style-type: none"> <li>- Happy Birthday to the Church</li> <li>-</li> <li>Parish</li> <li>CLASS SAINT – Saint Peter – 29<sup>th</sup> June</li> </ul>
<b>3</b>	<ul style="list-style-type: none"> <li>- Act of Faith</li> <li>- Prayers from the Rite of Baptism</li> <li>- Write prayers for parents and Godparents</li> </ul>	<ul style="list-style-type: none"> <li>- The Angelus</li> <li>- Mysteries of Light particularly Jesus' Baptism and the Last Supper</li> </ul>	<ul style="list-style-type: none"> <li>- Class Saint</li> <li>- Eternal Rest</li> <li>- and own prayers for those who have died</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>- Act of Sorrow</li> <li>- The Angelus</li> </ul>	<ul style="list-style-type: none"> <li>- The Gloria</li> </ul>	<ul style="list-style-type: none"> <li>- Imaginative prayer using the Call of Samuel</li> </ul>	<ul style="list-style-type: none"> <li>- The Temptations (guided meditation)</li> <li>- The Confiteor</li> <li>- Stations of the Cross: Jesus' falls</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>- Imaginative prayer using images of Emmaus</li> <li>- using gestures of prayer such as the Sign of Peace, marking the cross on head, lips and heart before a Gospel reading</li> </ul>	<ul style="list-style-type: none"> <li>- Prayer before and after Communion</li> <li>- Memorial Acclamations (said or sung)</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>- Litany to the Holy Spirit</li> <li>CLASS SAINT – Saint James 25<sup>th</sup> July (Celebrate before break up)</li> </ul>
<b>4</b>	<ul style="list-style-type: none"> <li>- Psalms of Creation</li> <li>-</li> <li>CLASS SAINT</li> <li>- Saint Gabriel – 29<sup>th</sup> September</li> </ul>	<ul style="list-style-type: none"> <li>- Joyful and Sorrowful Mysteries</li> <li>- Prayer of St. Richard of Chichester</li> </ul>	<ul style="list-style-type: none"> <li>- Class Saint</li> <li>- Prayers attributed to class saint</li> <li>- Eternal Rest</li> </ul>	<ul style="list-style-type: none"> <li>- Prayers of expectation and waiting for the coming of Christ</li> <li>- Prayers for those who proclaim the coming of Christ today</li> </ul>	<ul style="list-style-type: none"> <li>- The Gloria</li> <li>- Prayer to the Guardian Angel</li> <li>- Prayer to St. Michael Archangel</li> </ul>	<ul style="list-style-type: none"> <li>- Intercessions for the sick</li> <li>- imaginative prayer based on the Transfiguration</li> </ul>	<ul style="list-style-type: none"> <li>- The Temptations (guided meditation)</li> <li>- Silent Meditation</li> <li>- Prayer based on the Beatitudes</li> </ul>	<ul style="list-style-type: none"> <li>- Imaginative Prayer using images of the Resurrection</li> <li>- prayers focus on Jesus' presence in our lives today</li> </ul>	<ul style="list-style-type: none"> <li>- The Memorare</li> </ul>	<ul style="list-style-type: none"> <li>- Litany to the Holy Spirit</li> <li>CLASS SAINT – Saint Anthony – 13<sup>th</sup> June</li> <li>-</li> </ul>
<b>5</b>	<ul style="list-style-type: none"> <li>- The Creed</li> </ul>	<ul style="list-style-type: none"> <li>- Glorious Mysteries and Mysteries of Light</li> </ul>	<ul style="list-style-type: none"> <li>- Class Saint</li> <li>- Prayer of St. Francis (Canticle)</li> <li>- Eternal Rest</li> </ul>	<ul style="list-style-type: none"> <li>- The Magnificat</li> <li>- particularly for evening prayer</li> <li>- Benedictus particularly for morning prayer</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>- The Gloria</li> </ul>	<ul style="list-style-type: none"> <li>- Nunc Dimittis</li> <li>- using Baptismal promises at prayer time</li> </ul>	<ul style="list-style-type: none"> <li>- Stations of the Cross: Simon helping, taken down from the cross, Joseph of Arimathea and the tomb</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>- Using prayers with titles from Scripture about the Risen Lord: Lamb of God, Redeemer</li> </ul>	<ul style="list-style-type: none"> <li>- The Magnificat particularly for evening prayer</li> </ul>	<ul style="list-style-type: none"> <li>- Novena to the Holy Spirit before Pentecost</li> <li>- Parts of the Creed and Gloria which speak of the Holy Spirit</li> </ul>

6	<ul style="list-style-type: none"> <li>- Different morning and evening offerings</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>- Prayer of Blessed John Henry Newman 'Support us all the day long'</li> </ul>	<ul style="list-style-type: none"> <li>- Class Saint</li> <li>- Prayer of Blessed Newman: We are links in a chain</li> <li>- Eternal Rest</li> <li>-</li> </ul>	<p><b>CLASS SAINT – Saint Barbara – 4<sup>th</sup> December</b></p>	<ul style="list-style-type: none"> <li>- The Gloria</li> <li>- Renewal of Baptismal Promises</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>- Prayers for Peace – 'Peace I leave with you'</li> <li>- Prayers from the Rites of Baptism and Confirmation</li> </ul>	<ul style="list-style-type: none"> <li>- Stations of the Cross: the humiliation of Jesus and his sacrifice</li> <li>- Different Acts of Contrition</li> <li>- Examination of Conscience</li> </ul>	<ul style="list-style-type: none"> <li>- Apostles Creed</li> <li>- Prayer for Vocations</li> </ul>	<ul style="list-style-type: none"> <li>- Titles of Our Lady</li> </ul>	<ul style="list-style-type: none"> <li>-Prayers for their own vocations</li> </ul>
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