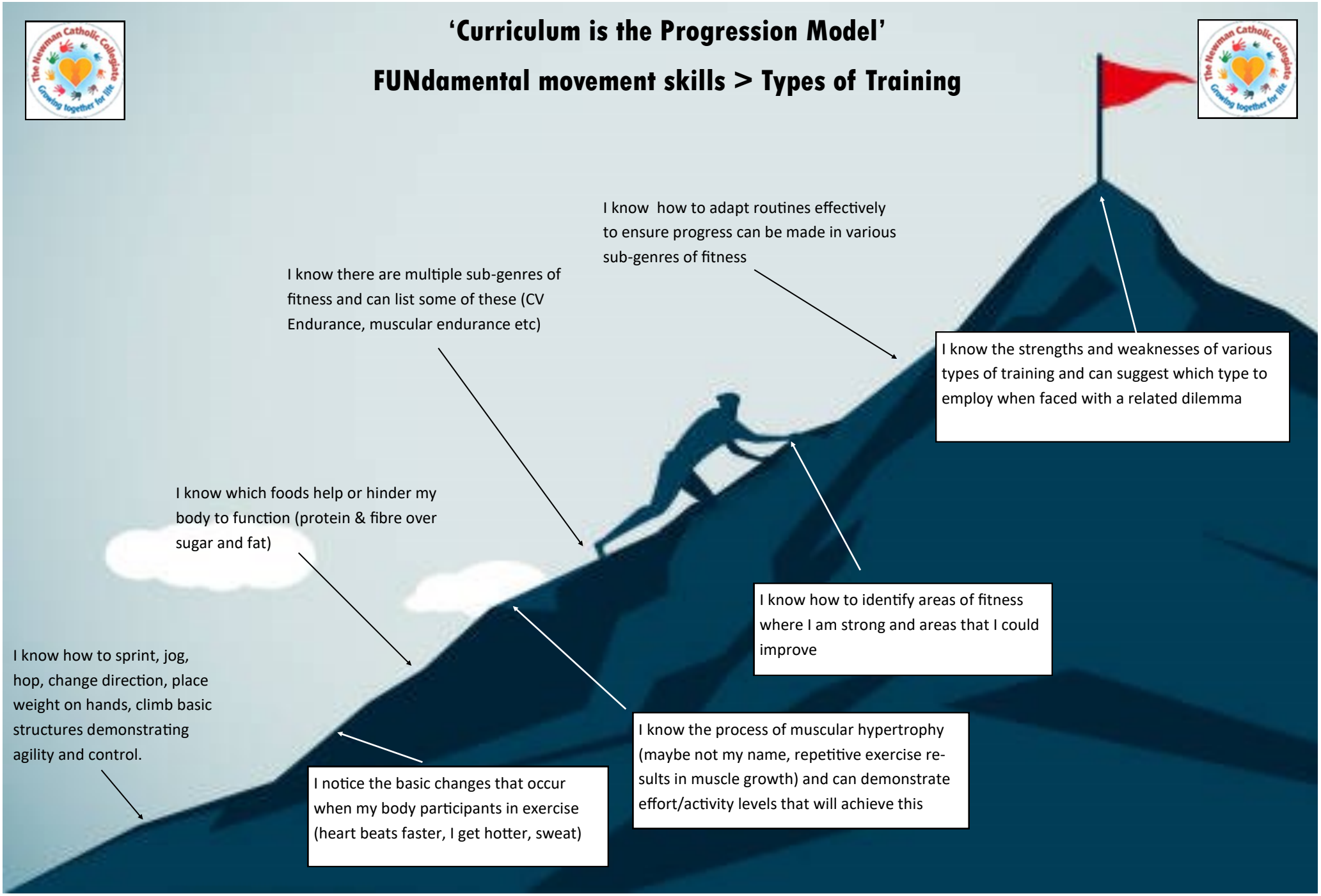
‘Curriculum is the Progression Model’

FUNdamental movement skills > Types of Training