



'Curriculum is the Progression Model'

FUNdamental movement skills > Rounders



I know how to hold a rounders bat in stance correctly and can hit a moving ball with relative accuracy (Prog. Pointers—increase speed of bowl)

I know how different tactics to use in striking and fielding to outwit their opponents

I know how to use my skills and knowledge to select and apply decisions independently. (Reacting to change in the field when batting, bowling for batters weakness)

I can begin to use racquets, sticks and bats from a stationary position to manoeuvre others objects sharing basic control (bean bags > large balls > small balls)

I know how to perform a legal rounders bowl with increasing accuracy (Prog. Pointers— Smooth under arm action, into batters square at the right height)

I know how to throw under-arm to stationary targets (Prog. Pointers—increase distance, list teaching points, reduce targets)

I know how to throw over-arm to stationary targets (Prog. Pointers—list teaching points, increase distance, reduce targets)

I know how to and when to throw and catch in pairs/groups with increased variables (Under—arm/Over-arm throws with opponent/variables. Reduce/Increase Space/Ball)

