Compassionate and Loving

Pupils are growing to be compassionate towards others, near and far, especially the less fortunate; and loving by their just actions and forgiving words.
Catholic Schools help their pupils grow by being compassionate and loving in the way they are treated especially when a pupil is in trouble; and by opening their eyes to those who suffer poverty, injustice or violence.

Ordinary Time: Autumn including the Season of Creation

Compassionate & Loving (Autumn 1 2026)



Pray it

Linking Compassionate and Loving to prayers of the Church and Liturgical Season.

Prayer suggestions and activities:

- New Beginnings: In the year ahead, pray for the grace to grow in compassion and love for yourself and others, to care more deeply for our world, and to strengthen our relationship with God as Christ-centred pilgrims of hope.
- Click here for Education Sunday prayers (Sept 13)
- During this Year of St. Francis, pray with St. Francis' Canticle of Creation to reflect on his love for the earth and all living creatures, and with the Prayer of St. Francis as we seek to be instruments of peace (Sept 21: International Day of Peace).
- Write your own litanies and prayers of intercession for creation, praying that all may be compassionate and loving stewards of Gods creation (Season of Creation Sept 1-Oct 4).
- CAFOD's Harvest Family Fast Day: (Oct 2) Pray for the work of CAFOD. We pray that those in positions of power & responsibility may lead with compassionate and kind hearts, responding with love to those in greatest need.
- Sept 28 - Oct 2: Little Way Week: We pray that we may be inspired always to carry out small acts of kindness with great love.
- Pray the rosary especially during the month of the Holy Rosary in October.



Explore it

Linking Compassionate and Loving to scripture, meaning and teachings of the Church, the Popes, and the Saints.

Scripture to explore:

- Explore how the Sunday Gospels (highlighted) link to being compassionate and loving, e.g. Matthew 22:34-40
- Season of Creation: Genesis 1 & 2. Explore the story of creation and the creation of human beings. Encourage children to express their own sense of awe and wonder in creation.
- Psalms of creation (8, 19, 29, 33, 104, 146)

Activities and Questions:

- Oct 1: Memorial of St. Therese of Lisieux: Use Mission Together resources, to explore her 'Little Way'.
- Oct 4: Memorial of St. Francis of Assisi: Explore how St. Francis showed love and compassion for all of God's creation especially those who are poor and marginalised.
- Explore the Mysteries of the Rosary especially during the month of October. Reflect on Mary being the model of a loving mother and mother of the Church on earth.
- Explore Pope Leo XIV's Apostolic Exhortation on 'Dilexi te' to support understanding of the CST principle of the Option for the Poor: https://cafod.org.uk/pray/dilexi-te-explained and encyclical Magnifica Humanitas in this CAFOD Q&A and explanation: https://cafod.org.uk/pray/magnifica-humanitas-explained



Live it

Linking Compassionate and Loving to the way we can choose to live our lives to serve God and to serve others.

Activities and challenges:

- Mission: How can we be Christ-centred pilgrims of hope with kind hearts, questioning minds, a thirst for knowledge and a hunger for justice?
- How is your school caring for creation by living simply, sustainably and in solidarity with others?
- Season of Creation: Go on a nature walk of the local area with your family or school. Find examples of the wonder of creation and also the negative impact people can have. What can you do about it? e.g. create posters encouraging recycling, Write to your MP in support of a campaign, urging them to take action and bring about positive change.
- Sept 28-Oct 2: Participate in Little Way Week, carrying out daily acts of compassion and love towards others.
- Family Fast Day: Participate in and fundraise for the CAFOD fundraising initiative on Family Fast Day (Oct 2).
- As the Social Care Agency of the Catholic Archdiocese of Birmingham, support the outreach work of Father Hudson's Caritas.
- Oct 15 - The Feast of St. Teresa of Avila: 'Christ has no body but yours'. How can you live out Christ's mission on earth?
- Continue to be inspired by the example of St. Francis of Assisi. What will you do to commemorate this special Year of St. Francis?
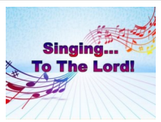
Sunday Gospels to Explore

Gospels reflective of Compassionate and Loving highlighted

Sept 6: Matthew 18:15-20	'If he listens to you, you have gained your brother'
Sept 13: Matthew 18:21-35	'I do not say to you seven times, but seventy times seven'
Sept 20: Matthew 20:1-16	'Do you begrudge my generosity?'
Sept 27: Matthew 21:28-32	'He changed his mind and went. The tax collectors and the prostitutes go into the kingdom of God before you.'
Oct 4: Matthew 21:33-43	'He will let out the vineyard to other tenants
Oct 11: Matthew 22:1-14	'Invite to the wedding feast as many as you find'
Oct 18: Matthew 22:15-21	'Render to Caesar the things that are Caesar's and to God the things that are God's'
Oct 25: Matthew 22:34-40	'You shall love the Lord your God and your neighbour as yourself'



Further explore Compassionate & Loving by reading The Jesuit Publication found;
Compassionate & Loving



Sing it

Linking Compassionate and Loving to traditional and contemporary music.

- Make Me a Channel of Your Peace: adapted by Sebastian Temple, attributed to the prayer of St. Francis of Assisi
- Everything that has breath: Matt Redman
- Morning has broken: Eleanor Farjeon
- This is the Day: One Life Music
- Lord of all Creation: CJM Music
- Shout to the Lord: Hillsong
- Oh the love of my Lord: Estelle White
- Indescribable: Chris Tomlin
- For the Harvest: Harvest Samba

Picture It

Linking Compassionate and Loving to artwork.



Endless Graces: Kallan Stout

Catholic schools Art Competition to mark Adoremus this October

An opportunity to reflect creatively on themes such as the Blessed Sacrament, the presence of Jesus, and the beauty of our cathedrals (see example above) to produce your own artwork.

Please see DES Circular33:26 or https://www.cbcew.org.uk/adoremus-art-competition/ for further details and how to submit entries by **September 15th.**